OUR ATTENTION IS LIMITED; OUR MEMORY **IS IMPERFECT** From Chapter 7 of DWTMIM by Jeff Johnson

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TYPES OF MEMORY

Short-Term Memory

 Information is retained for brief intervals Long-Term Memory

 Information is retained for long intervals

MEMORY ALLEGORY



LONG-TERM MEMORY FORMATION

- Consists of changes in neurons involved neural activity pattern
 - Makes the pattern easier to reactivate
- More permanent changes occur when neurons form new connections with others

LONG-TERM MEMORY ACTIVATION

- Reactivation of the same pattern that formed the memory
- **Recognition** is when similar perceptions reactivates the same patterns
- **Recall** is when activity in other parts of the brain reactivate a neural pattern

SHORT-TERM MEMORY

- A combination of phenomena
 - Perception
 - Retrieval from long-term memory
 - Attention

PERCEPTION

- Each perceptual sense has its own brief short-term memory
 - Result of residual neural activity after a perceptual stimulus ends
- Residual perceptions are potential inputs to working memory



LONG-TERM MEMORY RETRIEVAL

- Reactivated long-term memories are also possible inputs for working memory
 - Accomplished via either recognition or recall
- Each long-term memory correspondes to specific neural pattern
- Memory patterns are candidates for our attention

ATTENTION

- Brain has multiple attention mechanisms
 - Can be voluntary and involuntary
- Focuses awareness on subsets of perceptions and activated long-term memories

WORKING MEMORY

- Our combined focus of attention
- Whatever is in that focus is what we are conscious of at any moment
- A few perceptions and long-term memories that are activated enough that we are aware of them for a brief period

CHARACTERISTICS OF ATTENTION

- Your brain cannot process everything around you
- Rather very selective samples of the environment are taken
- Perception is filtered and biased by the goals of the individual
- Attention is drawn to:
 - Movement
 - Threats
 - Faces of other people
 - Sex and food

ATTENTION EXAMPLE



CHARACTERISTICS OF WORKING MEMORY

- Capacity of working memory is very low
- Focusing attention on the new takes away focus from the old
- Information is easily lost

CHARACTERISTICS OF LONG-TERM MEMORY

- Actually is a memory store
- Memories are spread among many sections of the brain
- Plagued with weaknesses
 - Error-prone
 - Weighted by emotions
 - Retroactively alterable

WORKING MEMORY AND UI DESIGN

- UI should help people remember essential information
- Don't require users to remember what they have done, their focus is only on their primary goal
- Main examples include:
 - Modes
 - Search Results
 - Calls to action
 - Instructions
 - Navigation Depth

MODES

- Some user actions have different effects depending on the mode the system is in
- Software designers should try to provide such tools
- More consistency in the operation of different functions, the less users have to learn



SEARCH RESULTS

- People often don't remember the search terms they just typed
- Search results sometimes don't show the search terms, leading to users possible forgetting what they original looked up

SEARCH RESULTS EXAMPLE



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CALLS TO ACTION

- Avoid putting competing calls to action on a page
- Each page should have one dominant call to action
- Any additional calls to action will only overwelhm the user

INSTRUCTIONS

- Users should be able to view instructions while executing them
- Forcing the user to close the instructions will only lead to frustration



NAVIGATION DEPTH

- Broad and Shallow navigation hierarchies are easier to use
- Navigating 12 levels of menus would exceed most user's working memory
- Provide navigation "breadcrumb" paths to continuously remind users where they are

LONG-TERM MEMORY AND UI DESIGN

- People need tools to augment long-term memory
- Software designers should try to provide such tools
- More consistency in the operation of different functions, the less users have to learn

